

**Essentials for living assessment pdf**

**I'm not robot!**



### FUNCTIONAL ASSESSMENT

Rate the resident on a scale of 1 to 5 with 1 being most independent. Total all checked scores and enter that amount on Page 4 of this assessment.		
FUNCTION	LEVEL OF FUNCTIONING	COMMENTS
1. BATHING (washing the body)	<input type="checkbox"/> 1. Independent - no assistance required in bathing - uses assistive/adaptive devices (shower stool, handrails, etc.) - needs occasional reminding. <input type="checkbox"/> 2. Needs some help with bath water and/or bathing articles (towel, washcloth, etc.); individual can wash self. <input type="checkbox"/> 3. For safety reasons or unsteadiness, may require assistance instead of tub/shower. <input type="checkbox"/> 4. Some assistance needed - individual is able to wash face and hands only. <input type="checkbox"/> 5. Total assistance needed with preparation, helping individual in and out of the tub, complete washing and drying of the body.	
Basic ADL		
2. HYGIENE (and grooming)	<input type="checkbox"/> 1. Independent - no assistance required - uses assistive/adaptive devices. <input type="checkbox"/> 2. Minor assistance needed, including reminders to bathe, shave, comb hair, clip nails, brush teeth, etc. <input type="checkbox"/> 3. Needs higher degree of assistance, such as preparation of grooming materials, help with dentures, etc. <input type="checkbox"/> 4. Requires limited physical assistance, such as tweezing of eyebrows when shaving or combing hair. <input type="checkbox"/> 5. Total assistance required in personal hygiene, including hair clipping, nail trimming, tooth brushing, etc.	
Basic ADL		
3. DRESSING (putting on or removing proper clothing)	<input type="checkbox"/> 1. Independent - no assistance required - uses assistive/adaptive devices. <input type="checkbox"/> 2. Needs occasional help with zippers, buttons, tying shoelaces, etc. <input type="checkbox"/> 3. Needs assistance - daily assistance with what to wear as well as zippers and buttons. <input type="checkbox"/> 4. Moderate assistance - puts clothing on or takes clothing off with assistance; needs help with prosthesis. <input type="checkbox"/> 5. Fully dependent - individual can offer no assistance; requires someone to completely dress them.	
Basic ADL		
4. TELEPHONE USE	<input type="checkbox"/> 1. No assistance needed to make outgoing or receive incoming calls - uses assistive/adaptive devices. <input type="checkbox"/> 2. Assistance needed to initiate some calls; able to receive calls. <input type="checkbox"/> 3. Individual only able to dial a few numbers, cannot receive calls. <input type="checkbox"/> 4. Individual needs to have telephone number, cannot initiate calls or remember number sequences. <input type="checkbox"/> 5. Staff must make and receive calls for individual - unable to communicate using the telephone for reasons other than 'lost all hearing'; unable to use the telephone to call for assistance or in an emergency - unable to use assistive devices or adaptive equipment.	
TECHNOLOGY USE		
Instrumental ADL		
5. SHOPPING	<input type="checkbox"/> 1. Individual takes care of all areas of transportation and carries bundles. <input type="checkbox"/> 2. Individual takes care of all areas of transportation and carries bundles. <input type="checkbox"/> 3. Assistance required in deciding and procuring. <input type="checkbox"/> 4. Needs assistance in handling money transactions. <input type="checkbox"/> 5. Totally dependent - unable to shop for self.	
Instrumental ADL		
6. FOOD PREPARATION	<input type="checkbox"/> 1. Takes care of all areas of food preparation and clean up. <input type="checkbox"/> 2. Heats and serves prepared meals/foods without prompting. <input type="checkbox"/> 3. Can prepare and heat meals but needs prompting; needs assistance with use of kitchen equipment; will not use equipment. <input type="checkbox"/> 4. Can only prepare cold foods; should not use kitchen equipment (range, oven, microwave, etc.). <input type="checkbox"/> 5. Meals/snacks must be completely prepared and served to individual.	
Instrumental ADL		

Form 894 Rev 12/14 (Revised December 2014) 2014-2015  
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FUNCTIONAL ASSESSMENT



Randomization Number:

Lawton Instrumental Activities of Daily Living (IADLs)

Scoring: For each category, circle the item description that most closely resembles the client's highest functional level (either 0 or 1).

Ability to Use Telephone	Operates telephone on own initiative, looks up and dials numbers	1
	Dials a few well-known numbers	1
	Answers telephone, but does not dial	1
	Does not use telephone at all	0
Shopping	Takes care of all shopping needs independently	1
	Shops independently for small purchases	1
	Needs to be accompanied on any shopping trip	0
	Completely unable to shop	0
Food Preparation	Plans, prepares, and serves adequate meals independently	1
	Prepares adequate meals if supplied with ingredients	1
	Heats and serves prepared meals or prepares meals but does not maintain adequate diet	0
	Needs to have meals prepared and served	0
Housekeeping	Maintains house alone with occasional assistance (heavy work)	1
	Performs light daily tasks, but cannot maintain acceptable level of cleanliness	1
	Needs help with all same maintenance tasks	1
	Does not participate in any housekeeping tasks	0
Laundry	Does personal laundry completely	1
	Launders since items, rinses soaps, stockings, etc.	1
	All laundry must be done by others	0
	Travels independently on public transportation or drives own car	1
Mode of Transportation	Arranges own travel via taxi, but does not otherwise use public transportation	1
	Travels on public transportation when assisted or accompanied by another	1
	Travel limited to bus or automobile with assistance of another	0
	Does not travel at all	0
Responsibility for Own Medications	Is responsible for taking medication in correct dosages at correct time	1
	Takes responsibility if medication is prepared in advance in separate containers	1
	Is not capable of dispensing own medication	0
Ability to Handle Finances	Manages financial matters independently (budgets, writes checks, pays rent and bills, goes to bank); collects and keeps track of income	1
	Manages day-to-day purchases, but needs help with banking, major purchases, etc.	1
	Incapable of handling money	0

Add each circled number from the column on the right: **TOTAL POINTS =** \_\_\_\_\_

INDIAN JOURNAL OF COMMUNITY HEALTH / VOL 32 / ISSUE NO 01 / JAN - MAR 2020

[Assessment of Activities] | Usha P et al

#### SHORT ARTICLE

##### Assessment of Activities of Daily Living (ADL) in elderly population

Preeti Usha<sup>1</sup>, Surekha Kishore<sup>1</sup>, Mahendra Singh<sup>2</sup>, Pradeep Agrawal<sup>3</sup>, Bhavna Jain<sup>3</sup>, Kanchan Gawande<sup>4</sup>  
<sup>1</sup>Junior Resident (Academic), Department of Community and Family Medicine, All India Institute of Medical Sciences, Rishikesh; <sup>2</sup>Prof. and Head of Department, Department of Community and Family Medicine, All India Institute of Medical Sciences, Rishikesh; <sup>3</sup>Assistant Professor, Department of Community and Family Medicine, All India Institute of Medical Sciences, Rishikesh; <sup>4</sup>Senior Resident, Department of Community and Family Medicine, All India Institute of Medical Sciences, Rishikesh; <sup>5</sup>Senior Resident, Department of Community and Family Medicine, All India Institute of Medical Sciences, Rishikesh

[Abstract](#) [Introduction](#) [Methodology](#) [Results](#) [Conclusion](#) [References](#) [Citation](#) [Tables / Figures](#)

#### Corresponding Author

Dr Preeti Usha, Junior Resident (Academic), Department of Community and Family Medicine, All India Institute of Medical Sciences, Rishikesh  
E Mail ID: [dr.preetiusha2012@gmail.com](mailto:dr.preetiusha2012@gmail.com)



#### Citation

Usha P, Kishore S, Singh M, Aggarwal P, Jain B, Gawande K. Assessment of Activities of Daily Living (ADL) in elderly population: A community-based study. Indian J Comm Health. 2020;32(1):447-449.

Source of Funding: Nil Conflict of Interest: None declared

#### Article Cycle

Received: 25/04/2020; Revision: 07/05/2020; Accepted: 28/05/2020; Published: 30/06/2020

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#### Abstract

**Introduction:** Most of the developing country facing growing number of elderly population because of decrease in fertility and increase in longevity. Elderly age ( $\geq 60$  years) is a period in which people are prone to chronic diseases and their functional independence is probably restricted by physical and mental disabilities. **Aim & Objectives:** To find out the prevalence of physical dependency among elderly in Uttarakhand, India. **Material & Methods:** Activities of daily living (ADL) comprise the basic actions that involve caring for self and body, including personal care, eating and mobility. **Results:** In the present study population of 400, 112 (28%) study population were found to be physically dependent for their daily activities and out of them 63.39 % had moderate to severe dependency. **Conclusion:** High level of physical dependency in this study population need urgent attention towards good quality home care and geriatric health care services in India at primary, secondary and tertiary level.

#### Keywords

Activities of daily living (ADL); Physical dependency; Elderly

#### Introduction

The Indian elderly population is second largest in the world and accounts for about 8.2 % (census 2011) of total population and expected to reach 11.1% in 2025.<sup>[1]</sup> Uttarakhand, a hilly state of North India is witnessing a progressive increase in proportion of aged people from 7.7% in 2001 to 8.9% in 2011.<sup>[2]</sup> Due to increase in the proportion of older population, there is increase in prevalence of non-communicable diseases and other chronic illness as well as communicable diseases. Being one of the vulnerable and high-risk group in view of health status in society, there are many challenges while considering the health care of elderly such as future economic growth, financial integrity of healthcare and pension systems, and the well-being of the elderly.<sup>[3]</sup> With increasing age, there will be generalized deterioration of bodily structure and functions along with body organ damage that leads to reduction of physiological functions and dependency.

#### Aims & Objectives

To estimate the prevalence of various grade of dependency in elderly population and suggest the measures to be taken for care of this population.

#### Material & Methods

The study was conducted in randomly selected Rural and Urban areas of Dehradun district, Uttarakhand between November 2017 to November 2019. Data were collected in Predesigned, pre tested & semi structured questionnaire. All elderly person of the age of  $\geq 60$  years were included in the study and sample size of 400 were calculated considering morbidity of 64.8%<sup>[4]</sup>, absolute precision of 10% and expected dropout of 10%. Equal number of participants (200 each) were studied in

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# The Independent Living Skills Survey: A Comprehensive Measure of the Community Functioning of Severely and Persistently Mentally Ill Individuals

by Charles J. Wallace, Robert Paul Liberman, Robert Tanber, and Jeanne Wallace

## Abstract

The research reported in this article investigated the psychometric properties of the Independent Living Skills Survey (ILSS), a comprehensive, objective, performance-focused, easy-to-administer measure of the community functioning of individuals with severe and persistent mental illness (SPMI). Two versions were developed, one for informed and one for self-report. The instrument is composed of 10 items and was analyzed to determine the version's internal consistency, stability, interrater reliability, sensitivity to the effects of treatment, and content and predictive validity. The results indicated that the two versions have acceptable psychometric characteristics, and suggestions are offered for their use in planning individualized interventions, evaluating treatment effectiveness, and determining eligibility for benefits.

**Keywords:** Severe and persistent mental illness, assessment, community functioning, self-report, informed consent.

*Schizophrenia Bulletin*, 26(3):631-658, 2000

Within the past two decades, the standard of treatment of individuals with SPMI has expanded from reducing symptoms to improving their social and instrumental role functioning (National Institute of Mental Health [NIMH] 1991). The current treatment approach emphasizes medical, biopsychosocial treatment, psychosocial treatments, or psychiatric rehabilitation—based on the premise that individuals with SPMI are capable of responding to treatment and motivation of the environment's rewards, opportunities, and demands. Functioning can be improved by a combination of interventions that increase incentives, reducing the environment's opportunities and rewards, and changing the environment's demands (Liberman 1992).

Psychosocial rehabilitation begins with a comprehensive and detailed assessment of the individual's current functioning. The assessment is focused on the degree to

which the individual's abilities and performance match the demands of his or her home, work, school, family, and social situations. By comparing the functional skills and social behaviors of the individual with the requirements to maintain community tenure, one gains information about functional areas of strengths and deficits. Treatment is targeted to address these deficits (Smith et al. 1997, p. 212).

As treatment progresses, the assessment is repeated and the changes in functioning measure the treatment's efficacy. On the basis of these changes, the plan is modified by altering the mix of services, the frequency of treatment, or both. Because the assessment is a continuing guide for allocating often scarce resources, it must be psychometrically sound so that its findings are not ambiguously interpreted by a wide range of practitioners.

In addition to its role in planning individualized treatment, the assessment also provides information about the effects of a program's services on role functioning. The results of a program would be aggregated across a program's clients, and the statistical results would describe the program's case mix and its summary typical level of functioning. Changes in these summary statistics across time periods allow the manager of a program to assess the services for improved functioning and propose programwide revisions to accommodate new needs of a changing case mix. Were the assessment to be administered annually, the manager could compare the results and select programs that produce a desired balance between costs and improvement (Smith et al. 1997).

Psychosocial rehabilitation has been advocated as improved functioning has been advocated by a number of stakeholders, including the providers themselves (Meyer 1997) and the National Research Council (Smith et al. 1997).

The assessment could also provide a standardized means of collecting, recording, and summarizing the

Send reprint requests to Dr. C.J. Wallace, Psychotic Rehabilitation Consultants, Box 2857, Camarillo, CA 93010-2857; e-mail: [CWallace@comcast.net](mailto:CWallace@comcast.net)

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Characteristics	Examination scores			<i>P</i> -value
	Total N (%)	0-17 59(3.8)	18-23 223(17.1)	
<b>Living arrangement</b>				
Alone	73 (5.6)	2 (2.7)	9 (12.3)	62 (84.9)
With relative	1226 (94.4)	48 (3.9)	213 (17.4)	965 (78.7)
<b>Need help</b>				
No	1075 (82.8)	33 (3.1)	160 (14.9)	882 (82.0)
Yes	224 (17.2)	17 (7.6)	62 (27.7)	2145 (64.7)
<b>Activities of daily living</b>				
Severe functional impairment	23 (1.8)	11 (47.8)	3 (13.0)	9 (39.1)
Moderate functional impairment	26 (2.0)	6 (23.1)	10 (38.5)	10 (38.5)
Fully functional	1250 (96.2)	33 (2.2)	209 (16.7)	1008 (86.6)
<b>Nutrition status</b>				
Normal	1124 (86.5)	33 (2.9)	169 (15.0)	922 (82.0)
Risk of malnutrition	167 (13.9)	14 (8.4)	52 (31.1)	101 (66.5)
Malnourished	8 (0.6)	3 (37.5)	1 (12.5)	4 (50.0)
<b>Body mass index</b>				
<25	251 (19.6)	14 (5.6)	44 (17.5)	194 (77.0)
25-29.9	535 (41.2)	16 (3.0)	99 (18.5)	420 (79.5)
≥30	512 (39.4)	20 (5.9)	79 (15.4)	413 (80.7)

Score: 24-30 intact cognitive function, 18-23 mild cognitive impairment, 0-17 severe cognitive impairment

sectional study of older adults in the family medicine clinics affiliated with King Faisal Specialist Hospital and Research Center, Research Institute, and the Montreal Cognitive Assessment test.<sup>11</sup> Yet, our findings are consistent with the 5-7% global prevalence of dementia and the 10-20% prevalence of cognitive impairment among the elderly.<sup>12,13</sup> The regional prevalence of dementia and mild cognitive impairment both range between 4.4% and 32%.<sup>14,15</sup> But better than 69.8% of Moroccan older adults were classified as having cognitive impairment. The malnutrition

and offers medical, emotional, and financial assistance to disabled individuals and their families.<sup>16,17</sup> In need to identify factors for cognitive decline in Saudi Arabia because as the Saudi population, the prevalence of dementia could increase significantly.

Our study revealed a significant association between impaired cognitive function and inc female gender, low education level, and is This finding is consistent with previous which increased age, female gender, low

female gender, low income was also associated

Essentials for living list. Essentials for daily living assessment. Essentials for living assessment training. Essentials for living assessment pdf. Essentials for living aba assessment. Essentials for living assessment login. What are essentials for living.

Essential for Living is a communication, behavior, and functional skills assessment, curriculum, and skill-tracking instrument for both children and adults with moderate-to-severe disabilities. It is especially useful for learners with limited communication repertoires, minimal daily living skills, or severe problem behavior. This instrument is based on concepts, principles, and empirically-validated procedures from Applied Behavior Analysis (ABA) and from B. F. Skinner's ground-breaking analysis of verbal behavior (Skinner, 1957). Essential for Living is both an assessment and a curriculum. It is used to determine the current performance level of each child or adult with respect to skills that are part of the instrument, in other words, to conduct a curriculum-based assessment. This instrument is also used to develop appropriate goals and objectives for individual education or support plans and to track skill acquisition and problem behavior. Essential for Living was developed by Patrick McGreevy, Ph.D., a behavior analyst with 40 years experience with children and adults with severe disabilities. He was assisted by Troy Fry and Colleen Cornwall, who also have extensive experience with children and adults with limited skill repertoires and severe problem behavior. It is especially useful for learners with limited communication repertoires, ossecorp o odot emarud oñAm Áoditham sioped e oñAñismart ad otinemajenpal od oñCñAni on rañAni a ñcov euq osrucer oriemirp o res eved adiv a arap laicnessC. setneleC oñAñismart me satislaiceps e otinematropmoc ed satislana .serodacude .siap a ecenofad abiv a arap laicnessC e vñf yorT røp oditisssa iof ELE .sevarg saicnAñicfed moc sotluda e sañAnairc moc aicnAñirepxe ed sona 04 moc otinematropmoc ed atsilana .DñP .yeerGcM kicrtap røp oditvñyed iof F .ocit;Amelborp otinematropmoc e sadatimil sedadilbab ed soñAñtreper moc sotluda e sañAnairc moc aicnAñirepxe ed atsila mñCñAbmat euq ,llawnbjo C e vñf yorT røp oditisssa iof ELE .sevarg saicnAñicfed moc sotluda e sañAnairc moc aicnAñirepxe ed sona 04 moc otinematropmoc ed atsila .DñP .yeerGcM kicrtap røp oditvñyed iof F .ocit;Amelborp otinematropmoc e oñAñadilbab ed soñAñsua a aratsar a mñCñAbmat euq ,llawnbjo C e vñf yorT røp oditisssa iof ELE .sevarg saicnAñicfed 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